

Zili Zhou
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EDUCATION

Doctor of Medicine Candidate Aug 2023 – Present
University of Saskatchewan, Saskatoon, SK
Expected date of completion: June 2027

Master of Public Health – Infectious Disease Epidemiology and Modeling May 2023
Yale University, New Haven, CT

Bachelor of Science (Honours) – Interdepartmental Honours in Immunology May 2019
McGill University, Montréal, QC

RELEVANT WORK EXPERIENCE

Associate Director of Government Affairs
Canadian Federation of Medical Students | Canada October 2023 – Present

- Along with the Government Affairs Leadership Team, planned and led the National Day of Action in Ottawa, ON in November 2024;
- Planned and led the Medical Education Day of Action in Halifax, NS in April 2025.
- Supported National Officers within the Government Affairs Portfolio with position papers and Days of Action.
- Co-chaired Monthly GAAC Representative Roundtables; supported GAACs and facilitated advocacy efforts across medical schools.

Member of National Day of Action Follow-Up and Planning Committees, Government Affairs Portfolio
Canadian Federation of Medical Students | Canada October 2023 – July 2024

- With support from a Member of Parliament, we published a petition on the House of Commons website calling for government action on food insecurity. Advocacy work aimed at having this petition presented at the House of Commons is ongoing as of April, 2025.
- To inform our 2024 NDoA Backgrounder on healthcare spending, we consulted physician leaders, medical associations, and policy experts, and formulated 4 Asks central to our >50 meetings scheduled between >100 medical students and Parliamentarians in Ottawa, ON.

VP Advocacy
Student Medical Society of Saskatchewan | Saskatoon, SK May 2024 – January 2025

- Supported MedSoc EDI, Indigenous Health, Global Health, and GAAC Representatives on lunch talks focused on EDI and Indigenous Health, student participation at National Day of Action and Medical Education Day of Action, planning of the Global Health conference, and planning of the Provincial Day of Action.
- Reported advocacy initiatives and progress to the Dean and Associate Deans of the College of Medicine.

Director of Health Education January 2022 – May 2023
HAVEN Free Clinic | New Haven, CT

- Helped provide uninsured residents of New Haven with long-term, comprehensive health care free of charge.

- Trained, supported, and oversaw a team of 37 volunteers in providing diet and exercise counselling for patients with pre-diabetes or diabetes, hypertension, obesity, non-alcoholic fatty liver disease.
- Advocated for sustainable community access to health care with HUSKY 4 Immigrants Coalition, in collaboration with physicians and other health professions students at Yale University.
- Worked on campus outreach to advocate for the expansion of Medicaid to include all children in Connecticut, regardless of insurance or immigration status. In 2023, we expanded the Medicaid coverage limit from 12 years old to all children under the age of 15.

Analysis Lead with the WHO Headquarters on the Impact of 176 WHO COVID-19 Campaigns

Omer Research Group, Yale Institute for Global Health | New Haven, CT

December 2022 – Present

- First author of a two-stage meta-analysis of 176 public health campaigns conducted by the World Health Organization during the COVID-19 pandemic.
- Evaluated the effectiveness of WHO campaigns on changing public knowledge, attitude, and behaviour regarding public health practices.
- Produced a 25-page Master's thesis. Presented the work to professors and colleagues at Yale University.
- Working with the WHO team on submitting the manuscript for publication.

Advocacy Outreach and Partnership Coordinator

March 2021 – November 2021

For A Safer Space (FASS) | Toronto, ON

- Outreach to Ontario MPPs led to the presentation of the FASS petition to include mental health care in the Ontario Health Insurance Plan. The petition was presented by Mike Schreiner MPP in the Canadian House of Commons.
- Drafted program progress reports and presentations. Facilitated meetings with partner organizations.
- Facilitated the formation of a Canada-wide Gender-Based Violence NGO Network consisting of women's shelters, universities, and helplines.

Advocacy Program Coordinator, Mentor

September 2019 – July 2023

Kids of Incarcerated Parents Canada | Toronto, ON

- Mentor and support youths adversely affected by parental incarceration.
- Help youths practice healthy coping strategies to advocate for mental health and foster resilience.
- Manage the Music Program. Oversee, train and support 2 long-term volunteer teachers.
- Provide youths with free weekly one-on-one piano lessons.
- Develop needs-based mentorship programs and outreach initiatives for affected youths.

Advocacy for Gender and Religious Rights

July 2019 – August 2019

Operation Groundswell | India

- I observed the work of grassroots NGOs (e.g. Tarshi, Nazariya) for gender equality, women's empowerment, LGBTQA+ rights, and Tibetan refugees' human and religious rights.
- Worked with local law students to develop educational materials on domestic and sexual violence for women in rural areas.
- Together with two teammates, raised \$2250 to support daily operations of the grassroots NGOs.

SOFTWARE

R, Python, SPSS, Prism, Microsoft Office